

## **Wofoo Civic Leadership Programme 2018/19 – “Nomad Living in Qinghai”**

- Qinghai Tibetan Nomadic Culture Experience and Service Trip -

*\*\* This English translation is for reference only. Please refer to the Chinese version as final if there is any discrepancy between the English version and Chinese version.*

### **INTRODUCTION**

- To learn the history and cultural background of Tibetan in Qinghai through experience in nomadic life:
  - To explore the religious influence on local people’s living through nomadic life experience and crafts making learning (e.g. painting Thangka).
  - To learn the impact of modern influences on traditional culture through visiting and communicating with locals.
  - To deepen the understanding of culture of ethnic minorities and development of their societies.
- Service learning & leadership training:
  - To enhance skills and abilities through pre-trip workshops, training & services during the trip.

### **PROGRAMME DETAILS**

The programme consists of 3 parts:

*(\*Most of the local activities will be conducted in Cantonese)*

#### **Part 1: Workshops and Trainings**

*Period: From April to August 2019*

	Date/Time/Venue	Details
1	27/4/2019 14:00-16:00 DLB111	Ice-breaking games, team building and introduction of the programme.
2	17/5/2019 19:30-21:30 AAB402K*	Selected topics sharing, service activities discussion and preparation.
3	22/6/2019 14:00-16:00 AAB301*	Preparing for the services and activities to be held during the trip.
4	20/7/2019 14:00-16:00 AAB301*	Preparing for the services and activities to be held during the trip.

\*To be confirmed

## Part 2: Study & Service Trip

“Nomad Living in Qinghai” - Qinghai Tibetan Nomadic Culture Experience and Service:

*{Pre-trip briefing on 3/8/2019, 16:00-18:00, AAB301}*

*Date: 14/8/2019 – 25/8/2019 (12 days)*

*Location: Yushu County, Qinghai Province, Mainland China*

**Itinerary:** *\*tentative*

Date	Details
Day 1 (14/8)	HK > Chengdu, Sichuan
Day 2 (15/8)	Chengdu, Sichuan > Yushu, Qinghai Tibetan language lesson
Day 3 (16/8)	City walk, Tibetan dancing experience
Day 4 (17/8)	Visit Marni Stone, Thangka painting lesson Sharing session
Day 5 (18/8)	Visit Princess Wencheng Temple Go to Batang Grassland
Day 6 (19/8)	Nomadic life experience, music night
Day 7 (20/8)	Nomadic life experience, service activities Sharing session
Day 8 (21/8)	Nomadic life experience, sightseeing Go to Yushu downtown
Day 9 (22/8)	Sightseeing Go to Ganda Village, horse riding experience Sharing session
Day 10 (23/8)	Go to Yushu downtown
Day 11 (24/8)	Sightseeing Yushu > Chengdu Sharing session
Day 12 (25/8)	Back to HK

## Part 3: Evaluation and Reporting

Participants are suggested to write journals during the programme to reflect their experience and learning (at least 300 words). Also, a compiled report should be handed in within one month from the completion date of the programme.

## **ELIGIBILITY**

- All HKBU full-time students. Preference will be given to students studying in UGC-funded undergraduate programmes

## **FEE FOR ELIGIBLE STUDENTS**

HK\$5,800\* (Original cost: HK\$18,000) + HK\$1,000 (Deposit)

*Remarks:*

- *Deposit shall be refunded to participants without interest upon completion of the programme satisfactorily.*
- *The programme is sponsored by “Wofoo Foundation” and “Tin Kar Ping Foundation”. Programme fee is calculated after deduction of eligible subsidies.*
- *If applicable, each accepted applicant will be matched for suitable subsidy automatically.*
- *Amount of subsidy will be confirmed when acceptance to the programme is given to each applicant.*
- *Besides, programme participants, if eligible, can also apply for subsidy from EDB Scheme for Subsidy on Exchange to “Belt and Road” (B & R) Regions to cover their programme fee.*

## **PROGRAMME APPLICATION**

1. Application deadline: 8/4/2019 (Mon), 5:30pm
2. Application should be submitted online at  
<http://sa.hkbu.edu.hk/portal/lqc/forms/qinghai2019.php>
3. If necessary, applicant shall be invited for an interview between 11/4/2019 (Thu) and 12/4/2019 (Fri).
4. Application result will be announced by 15/4/2019 (Mon).

## **ENQUIRY**

Leadership Qualities Centre, Office of Student Affairs, HKBU

Mr. Thomas Poon

Tel: 3411 2088

Email: [tccpoon@hkbu.edu.hk](mailto:tccpoon@hkbu.edu.hk)

Website: <http://sa.hkbu.edu.hk/lqc/wclp>

# 和富使命導航計劃 2018/19 - 「探藏尋牧」

- 青藏遊牧文化體驗及服務 -

## 計劃理念及目標

- 歷史文化認識及體驗
  - 通過遊牧生活的體驗，探討當地人民的生活態度、世界觀、價值觀及社會角色定位，以及他們對外界世界的認知。以及學習製作具有宗教文化特色的工藝品(如:唐卡)，認識藏族傳統宗教文化
  - 通過探訪活動與當地居民進行交流，反思當地傳統思想跟現代都市文化思想的異同
  - 通過各種體驗活動及探訪，加強學生對少數民族文化的認識，深入了解國家社會狀況及發展情況
- 服務及領袖培訓
  - 通過團隊合作籌備服務活動，提升同學溝通、領導、創新、決策、檢討等能力

## 活動詳情

活動分為三部分：(\*團前活動主要以廣東話進行)

### 第一部分 - 工作坊及籌備會議

二零一九年四月至八月期間

	日期/時間/地點	詳情
1	27/4/2019 14:00-16:00 DLB111	破冰遊戲、團隊建立及簡介活動。
2	17/5/2019 19:30-21:30 AAB402K*	課題探討研究，活動討論及準備。
3	22/6/2019 14:00-16:00 AAB301*	活動綵排及物資準備。
4	20/7/2019 14:00-16:00 AAB301*	活動綵排及物資準備。

\*待定

## 第二部分 - 考察及服務團

### 「探藏尋牧」- 青藏遊牧文化體驗及服務

( 團前準備會議：3/8/2019、16:00 – 18:00、AAB301 )

日期：2019 年 8 月 14 至 25 日 ( 共 12 日 )

地點：青海玉樹藏族自治州

行程表：\*暫定

日期	內容
第一天 ( 14/8 )	乘機由香港赴成都機場
第二天 ( 15/8 )	乘機由成都赴玉樹機場 藏語小教室
第三天 ( 16/8 )	城市探索·藏族歌舞體驗
第四天 ( 17/8 )	參觀瑪尼石堆·畫唐卡體驗，團隊分享
第五天 ( 18/8 )	參觀文成公主廟 前往巴塘草原
第六天 ( 19/8 )	遊牧生活體驗·音樂之夜
第七天 ( 20/8 )	遊牧生活體驗·服務活動 團隊分享
第八天 ( 21/8 )	瀑布健行 前往玉樹市區
第九天 ( 22/8 )	參觀三江源生態保育協會 前往並抵達甘達村落·騎馬體驗 團隊分享
第十天 ( 23/8 )	前往玉樹市區·自由活動
第十一天 ( 24/8 )	參觀地震觀景台 乘機由玉樹赴成都機場 團隊分享
第十二天 ( 25/8 )	返回香港

## 第三部分 - 反思及報告

參加者需提交一份團後報告 ( 至少 300 字 )，以記錄其學習及感想。報告需在團後一個月內提交。

## 申請資格

香港浸會大學全日制學生 ( 就讀大學教育資助委員會資助本科課程學生優先 )

## 費用 ( 符合資助條件之學生 )

HK\$5,800\* (原價 : HK\$18,000) + HK\$1,000 (按金)

備註 :

- 參加者須完成所有團前、後的活動，並按時遞交活動報告後才可獲得退回按金。大會保留扣除表現不理想參加者之按金之權利。
- 活動受「和富慈善基金」及「田家炳基金會」資助，參加費用按扣除資助後計算。
- 如有需要，學生事務處或提供不同資助計劃給參加者。
- 參加者的資助金額將於申請被接納後確定。
- 另外，入選本計劃之參加者(如符合資格)，亦可同時申請 *EDB Scheme for Subsidy on Exchange to "Belt and Road" (B & R) Regions (SSEBR)*，以獲得額外的參加費用資助。

## 報名詳情

1. 截止日期 : 8/4/2019 (一) · 5:30pm
2. 報名表格需於網上提交 :  
<http://sa.hkbu.edu.hk/portal/lqc/forms/qinghai2019.php>
3. 如有需要，申請者需出席 11/4/2019 (四) 至 12/4/2019 (五)期間的面試。
4. 申請結果將於 15/4/2019 (一) 前公佈。

## 查詢

香港浸會大學學生事務處領袖素質中心 潘先生

電話 : 3411 2088

電郵 : [tccpoon@hkbu.edu.hk](mailto:tccpoon@hkbu.edu.hk)

網頁 : <http://sa.hkbu.edu.hk/lqc/wclp>