

Discover L&C: Upcoming Community Engagement Programmes

COMMUNITY ENGAGEMENT ORGANISERS: POSITIVE AGEING LEARNERS PROGRAMME (CEOS - PAL)

CHANGE SENIORS' QUALITY OF LIFE!

Community Engagement Organisers: Positive Ageing Learners Programme (CEOs-PAL)

In [CEOs-PAL](#), you will first engage with seniors through a series of learning programs and social events on maintaining positive aging. Then, you will join a senior-youth buddy team to reach out to seniors in social isolation and provide care and support for home improvement. This involves proposing and working on practical and creative solutions to improve the living conditions of the seniors.

These cross-generational and intergenerational learning opportunities will help develop your communication and creative problem-solving skills in addressing social needs. Click [here](#) for more information.



HKBU Skilled Volunteer Cadre

Join the [HKBU Skilled Volunteer Cadre](#) and be equipped with any of six useful skills for delivering innovative services. Nurture yourself with a caring spirit and a keen concern for society. You will undergo at least 10 hours of skill trainings FOR FREE and provide at least 15 hours of social service.

1. Be a Barista: Blend the Coffee with Service
2. Japanese Nagomi Pastel Art x Christmas Cards for the Children
3. Kayak for Marine Service
4. Miracles in the Community through Magic
5. Beauty Transformation for the Elderly
6. WonderKnots: Balloon Twisting for Delivering Happiness

Click [here](#) to learn a new skill and serve the needy!



Green Quest: Local Project Internship

Green Quest offers [internship](#) with professional supervisors to explore how individual behavioral change and age-friendly urban planning help bring social cohesion, climate resilience, and a sustainable community.

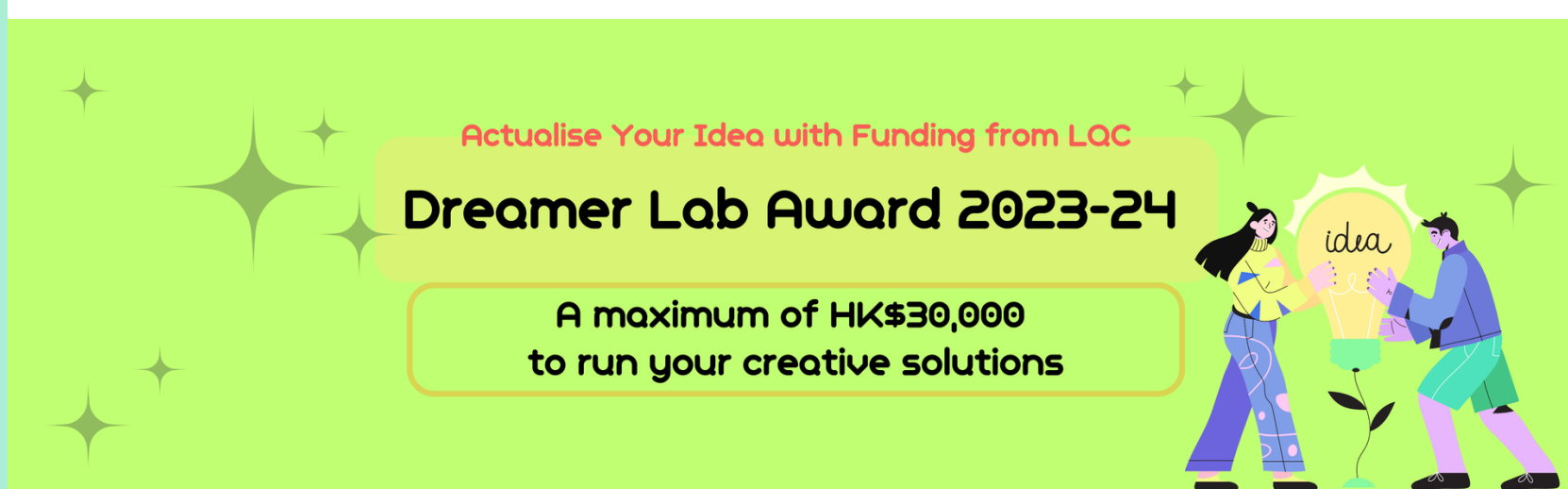
After the internship, you are highly encouraged to continue your exploration of the topic in or outside Hong Kong by submitting a proposal to the [Dreamer Lab Award](#) for a subsidy of up to HK\$30,000. [Click here](#) to learn more.



TuesDates

[TuesDates](#) welcome you to meet and interact with old and new friends regularly on campus on diverse engaging themes. Join us on alternate Tuesdays between 12 September and 21 November 2023 from 5:30 pm to 6:30 pm at iCafe (WLB 301). There will be discussions and activities on music, culture, travel tips around the world and refreshments!

It's Free of charge! If you would like to have a chill time after lessons, you must [check out](#) our upcoming events!



Dreamer Lab Award (DLB) and Catalyst for Community Building (CCB)

Would you like to solicit some [funding](#) to initiate your own project for the community? Apply for [Dreamer Lab Award \(DLA\)](#) for your project addressing local or non-local community needs, and [Catalyst for Community Building Grant \(CCB\)](#) for integrating local and non-local students through local activities or outbound travel!

You will get a subsidy of up to HK\$30,000 from [DLA](#) and HK\$1,600 from [CCB](#). Click [here](#) for more information.

LEADERSHIP QUALITIES CENTRE

ADDRESS:

Room 401, The Wing Lung Bank Building for Business Studies, Shaw Campus, Hong Kong Baptist University, Kowloon Tong, Hong Kong

OPENING HOURS:

Monday to Friday : 9:00am to 1:00pm and 2:00pm to 5:30pm
Closed on Saturday, Sunday and Public Holidays

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