



Hong Kong–Beijing Cultural Exchange Programme

Beijing Study Tour for Hong Kong Students

10–22 August 2026 (13 Days, 12 Nights)

Day 1: Opening Ceremony

A Cultural Journey Bridging Hong Kong and Beijing



Activities:

- Opening Ceremony and Campus Orientation
- Cultural Exchange and Programme Overview

Learning Objectives:

- Understand the daily schedule, research projects, and final presentation requirements
- Gain an understanding of safety procedures and practical aspects of daily life in Beijing (climate, food, and transportation)
- Develop team cohesion through introductory and team-building activities

Day 2: The Heart of China

Why Beijing Became the Capital



■ Tian'anmen Rostrum

- Trace Beijing's historical development from the Ming Dynasty to the founding and growth of the People's Republic of China.
- Explore the symbolic and political significance of China's national centre.



■ Capital Museum

- Explore Beijing's 700,000 years of human habitation, 3,000 years of city-building history, and 800 years as the national capital.

Explore the spatial hierarchy that has shaped Beijing as the political, cultural, and symbolic heart of China.

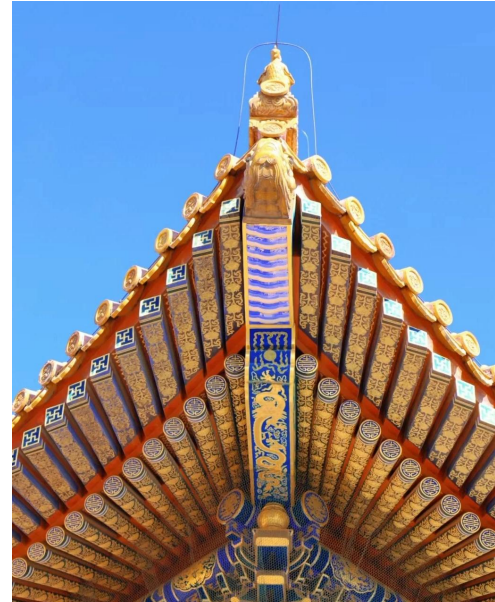
Day 3: Inside the Forbidden City

Architectural Heritage Along Beijing's Central Axis



Morning • Walking Along the Central Axis

- Visit major architectural landmarks along the Central Axis.
- Learn about the planning principles, architectural regulations, and historical evolution that shaped Beijing's urban landscape.



Afternoon • Inheritance of Craftsmanship

- Explore the engineering principles behind traditional Chinese timber-frame construction.



Core Insight: Develop an appreciation for the ingenuity and craftsmanship of China's architectural heritage, while understanding its conservation challenges.

Day 4: Millennium of Imperial Ceramics

The Pursuit of Perfection in Ancient Chinese Ceramics



🕒 Research Objectives

- Learn the evolutionary milestones of Chinese ceramic technology across dynastic shifts.

📅 Research Content

- Explore the Ceramics Gallery, and trace the historical development of Chinese ceramics across successive dynasties.
- Reconstruct authentic ceramic fragments using professional conservation techniques, gaining first-hand insight into the precision, patience, and expertise required of museum conservators.

Day 5: Scholarly Arts and Courtly Culture

Guqin Culture & Scholar Self-Cultivation

“The Guqin reflects the heart, and the brush captures the mind.”



Morning • Introduction to the Guqin

- Explore the history, musical characteristics, and cultural philosophy of the Guqin at the Palace of Accumulated Purity.
- Watch the live performances illustrate how music was regarded as a means of personal cultivation and moral refinement.

Afternoon • Calligraphy Practice

- Have interactive workshop covering brush movements, hand posture, and spatial layout on Xuan paper to create individual works.
- Create your own calligraphy work, appreciate the beauty of lines and the cultural depth of Chinese calligraphy amid the scent of ink, and experience the creative state of "intent before the brush".

Day 6: Digital Horizons of Antiquity

Where Cultural Heritage Meets Digital Innovation

Morning • The Palace of Tranquil Longevity



Visit the Palace of Tranquil Longevity and experience the architectural aesthetic of Emperor Qianlong's unique transplantation and innovative expression of the essence of Jiangnan-style gardens.

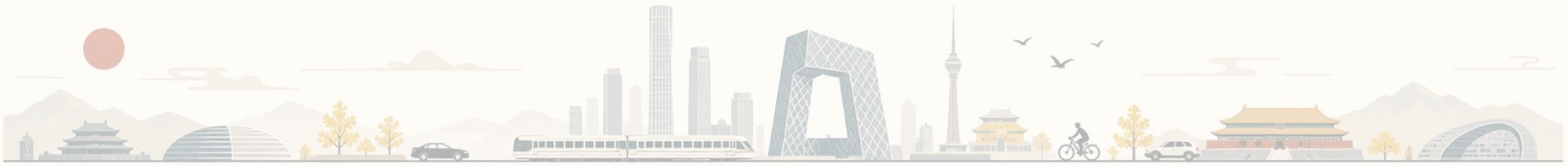
Afternoon • Digital Exhibition



Experience the “Gallop through time: Digital Reimagination of Horse Art and Culture”. Observe cultural artefacts brought to life via projection and 3D animation, highlighting digital humanities.

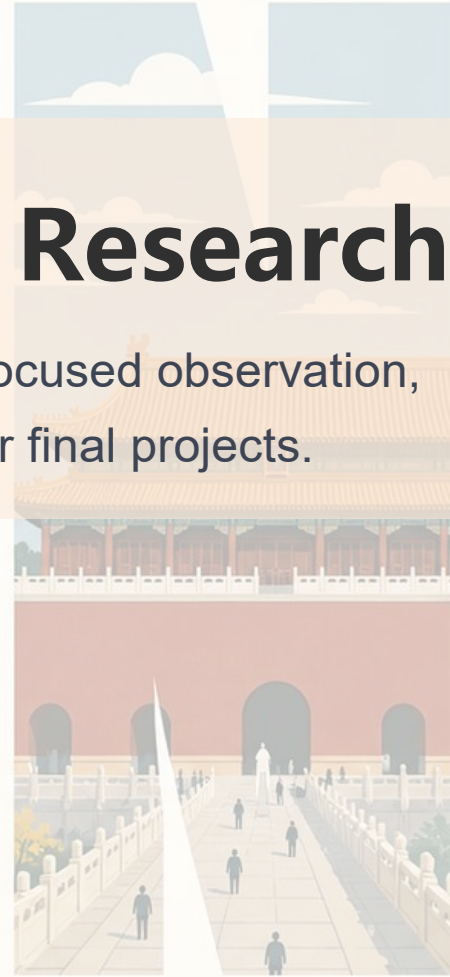
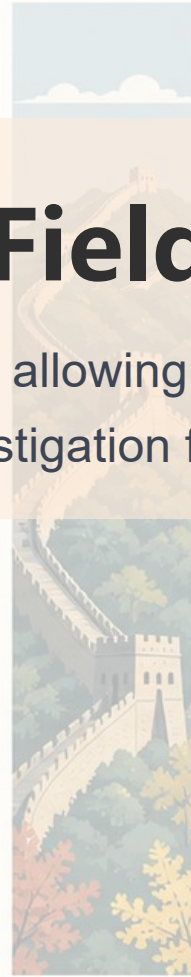
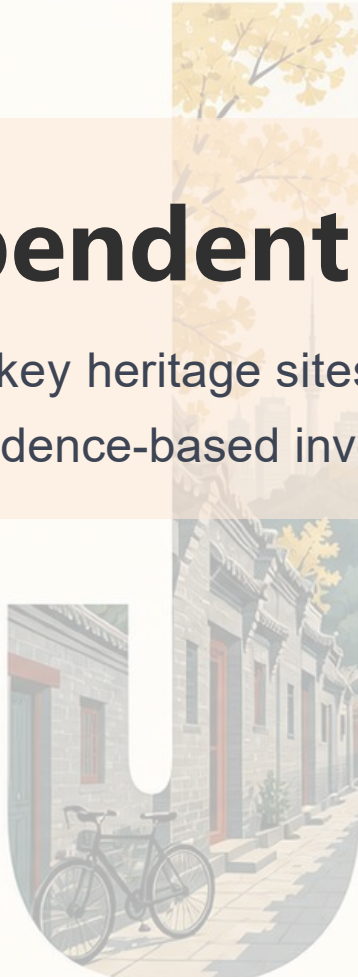
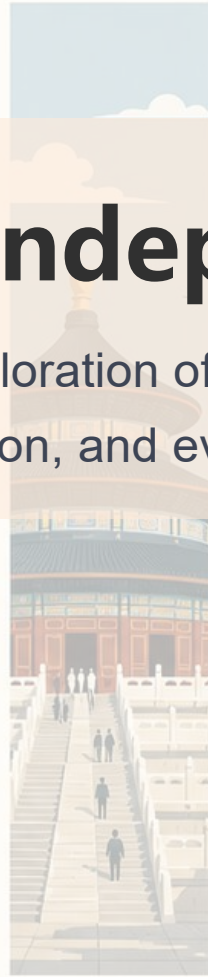
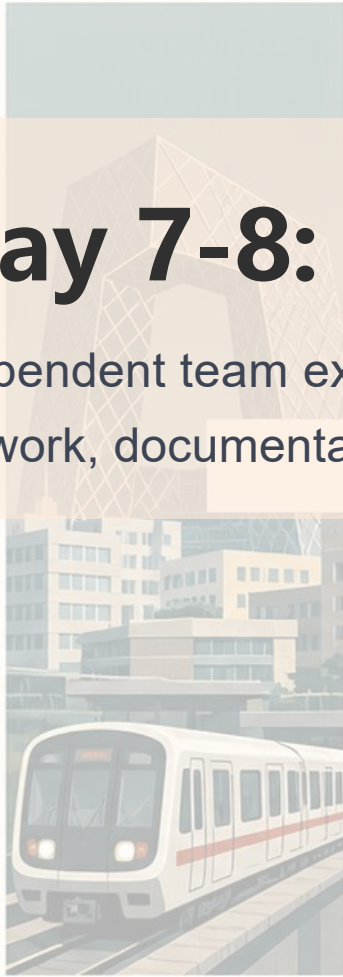


Core Insight: The vitality of the Forbidden City lies not only in preservation but also in its ability to engage new generations through digital innovation.



Day 7-8: Independent Field Research

Independent team exploration of key heritage sites, allowing focused observation, fieldwork, documentation, and evidence-based investigation for final projects.



Day 9: Urban Planning and Ritual Architecture

Spatial Order and Cosmological Thought in Traditional China



Morning • Beijing Ancient Architecture Museum

Explore “Craftsmen Planning the Nation” at Beijing Ancient Architecture Museum.

Analyse imperial regulations that shaped boundaries and grid axes.



Afternoon • Ritual Architecture of the Temple of Heaven

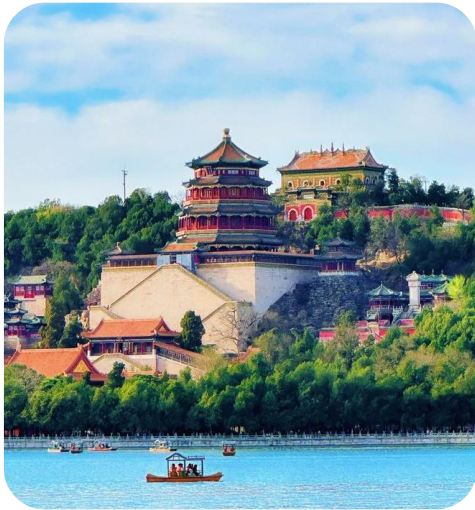
Visit the Temple of Heaven to study seasonal alignments and geometric forms that visually embody the traditional concept of Harmony between Heaven and Humanity.



Core Insight: Develop a comprehensive understanding of the spatial order and cosmological principles underlying the traditional Chinese concept of “*Fa Tian Xiang Di*” (modelling human society on the order of Heaven and Earth).

Day 10: Garden Aesthetics

Landscape Architecture and Historic Reflections



Morning • The Summer Palace

Appreciate landscape structures, bridge designs, and artificial waterways that realise the traditional Chinese garden aesthetics of “Though shaped by human hands, it appears entirely natural.”



Afternoon • Yuanmingyuan Ruins Park

Reflect on ruins to assess historic preservation, cultural security, and heritage conservation.



Core Insight: Reflect on the relationship between national development, cultural prosperity, and heritage preservation.

Day 11: Exploring the Historical Fabric of Beijing

The Spirit of Beijing's Central Axis



Morning • Shichahai to the Bell and Drum Towers

- Investigate Shichahai Lake as the ancient water source that fed the capital's canals and initial shipping routes.
- Walk past historic bridges to reach the Bell and Drum Towers, exploring ancient timekeeping systems that structured civil routines.

Afternoon • Hutong Neighbourhoods and Urban Life

- Explore Nanluoguxiang Lane to trace ancient Lifang (residential blocks) and traditional fishbone-pattern alleys.
- Discover the integration of historic courtyards and daily domestic life in Beijing's living neighbourhoods.

Day 12: Learning, Governance, and Innovation

From Confucian Training to Modern Innovations

Morning • Beijing Confucian Temple and the Imperial College

- Understand the imperial examination system and its role in selecting officials throughout Chinese history.
- Explore how this system shaped the traditional ideal of learning in service of society and public life.

Afternoon • China Science and Technology Museum

- Explore contemporary space exploration and technological innovations, and discover how traditional values of practical learning and innovation manifest in modern creations.



“The Great Learning teaches us to manifest virtue, renew the people, and rest in the highest excellence.”