

# Leadership Qualities Centre E-newsletter



## Spotlight



### Lunchtime I'm In Love 2023

**Lunchtime I'm in Love**, co-organised by the Cultural Literacy Programme (LIVE) and the Unit for Students with Special Educational Needs (USSEN), concluded successfully on 14 February. Over 900 HKBU staff and students shared their joy, laughter, and love on this special day.

There were 20 craft stalls and art workshops, including sign language coffee, Henna painting, braille card making, balloon twisting, alcohol ink painting, calligraphy, accessories, and therapy dog, hosted by HKBU talented students, staff, alumni, and social enterprises.

Live music and dance were performed by nine groups of marvelous performers from HKBU. This is a great opportunity to experience inclusiveness and diversity and to learn from people with special needs.

## What's New

### Adventure Education



Has it been a long time since your body was last stretched and warmed up? Here comes the chance to exercise your body and forge team spirit at YM Adventure. **The adventure-based training** includes various exciting experiential activities, i.e. 14 levels of rope courses. If you wish to overcome your personal boundaries, **join NOW** with your friends!

### Community Engagement



Funded by the **Dreamer Lab Award**, two students studying in School of Chinese Medicine have started the **'Riceing Up'** Project to offer tips of good health and wellness based on Chinese food therapy. A campaign will be held near the entrance of WLB to distribute health magazines and share health advices during 28 February to 3 March. Feel free to drop by and learn more.

### Community Engagement



Do you wish to enrich your experience in summer, broaden your horizons and gain hands-on experience working in different community organisations? Come and join the **HKBU Community Service Project** where you can expose to the working environment of non-governmental organisations and social enterprises.

### LIVE FRIENDS



Want to explore, experience and express your interest in arts and culture? You must **join LIVE** - a place with possibilities to enrich your university life.

### Cultural Literacy (LIVE)



Made in Hong Kong! Two unique theatre forms will be shared by our star guest Prof. Fredric Mao BBS. If you want to explore the journey of **Chinese Opera and Modern Drama** in Hong Kong. **Reserve a seat** now!

### Cultural Literacy (LIVE)



Are you interested in **Surrealism**? A devising piece led by Director Andrew Chan together with four performers will be shown in the sharing on 15 March. Using the signature Surrealism film "The Blood of a Poet", "Les Chants de Maldoror" and "Cecilia" as the stimulus of the creation, you will have a chance to witness the whole process of the devising theatre and to experience some performer training during the event, remember to **seize the opportunity!**

### Global Vision



We aim to nurture our students into Whole Persons. You are encouraged to take part in a wide range of international excursions in order to widen your perspectives and horizons. There are different scholarships and awards available to support student participation in **outbound programmes**. Click [here](#) to learn more.

### Leadership Development



Sponsored by the Providence Foundation, we are delighted to present **Outward Bound Training Programme 2023** in the coming summer! The programme consists of a 7 days 6 nights sea kayaking, hiking and sailing courses that feature rock climbing, high ropes course activities and more! This adventure-based experiential programme will offer you a life-changing experience which leads to self-challenge and self-discovery. Click to learn more.

### External Learning Opportunities



**Principal Chan Free Tutorial World** offers free tutorials and learning support to underprivileged children. If you are interested in providing community services and accumulating teaching experiences, **register** as volunteer tutor now!

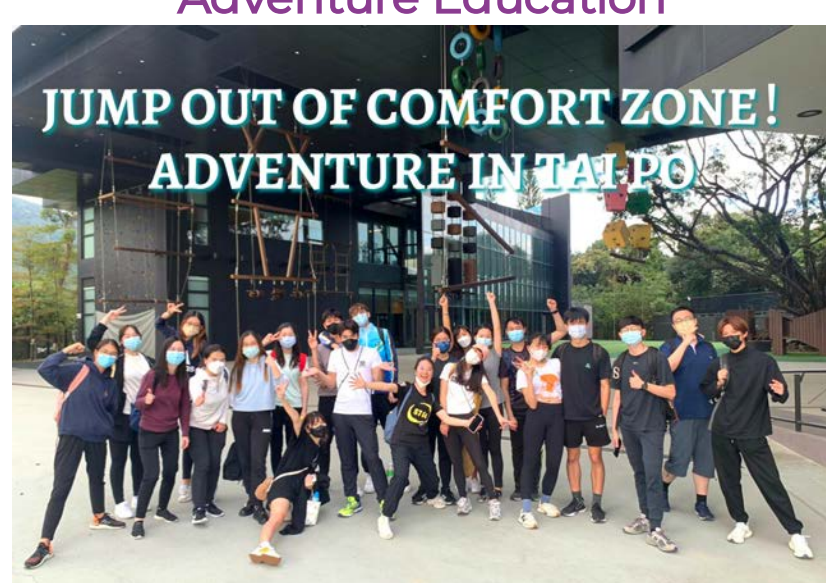
### External Learning Opportunities



Final call for application of the **Outstanding Tertiary Student Award of Hong Kong 2023!** Winners will be granted a "Hong Kong Outstanding Tertiary Students" trophy and certificate, HK\$10,000 and gifts. Winners will also be invited to participate in visits and/or other activities. If you would like to obtain nomination from Leadership Qualities Centre, please **click** to learn more.

## Highlights

### Adventure Education



22 HKBU students participated in an **adventure-based training** organised by HKAYP last week. Although they have never met before, they challenged the high rope course at an altitude of over 14 feet and completed different adventure-based tasks. During the 4-hour activity, they worked together and conquered various challenges.

### Community Engagement



To instill caring spirits in students and to build a more inclusive and equitable society, the **HKBU Community Service Week** was launched during 16-17 February with the generous sponsorship from Tin Ka Ping Foundation. Seven charitable organisations were invited to provide simulation experiences and interactive workshops for our students to interact with diverse underprivileged groups and get to know about their life experiences. The fair was also featured with an exhibition where students learnt more about the needs of the underprivileged and how they could offer assistance to them.

### Leadership Development



The Second **HKBU High Table Dinner** dated 9 February was honoured by the presence of Mr. Yu Kwok Lit, Louis MH as our keynote speaker to share cultural insight with our students and guests. The keynote introduced a new way to understand the high rope culture is created and passed on from generation to generation. Students were offered four take-home questions about the event to contribute to the culture of the City. The event attracted the attendance of more than 120 students, alumni and friends of HKBU. HKBU students also received training on dining etiquette before attending the High Table Dinner.

### Global Vision



Ten students attended the **HKBUMUN simulation** on 21 February. It had been an enjoyable experience for them to attend the whole day conference. Through the simulation, students were able to improve their knowledge of international issues as well as their research analytical, negotiation, and presentation skills. This is an excellent opportunity for them to prepare for the Paris HWMUN conference that will be held in Mar.

## LEADERSHIP QUALITIES CENTRE

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OPENING HOURS:  
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Closed on Saturday, Sunday and Public Holidays

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