



香港浸會大學
HONG KONG BAPTIST UNIVERSITY

WPD Handbook (2021-22)



Whole Person Development

Committed to the mission of Whole Person Education, the Office of Student Affairs and other departments of Hong Kong Baptist University provide ample opportunities for students to strive for whole person development. “Whole Person Development” is a progressive process through which the intellectual, physical, professional, psychological, social and spiritual capacities of an individual can be holistically enhanced. Capacity refers to attitude, performance, and potential. “Attitude” indicates the degree of concern; “performance” and “potential” represent the level of practice and competence respectively. If students can holistically enhance the different aspects of their “Whole Person Development”, they will have stronger capacities to equip themselves to become an individual with “Graduate Attributes”.

Whole Person Development Inventory

The WPDI comprises 15 factors that are grouped into six domains (Figure 1). Students’ scores reflect their developmental state of Whole Person Development. To strive for Whole Person Development, students can plan for their university life according to their developmental state.

Figure 1

Domain	Factor
Social	<p>A. Civic Responsibility</p> <ul style="list-style-type: none"> - attending to socio-economic and political issues on both local and global levels, and performing civic responsibilities - examples of activities: various discussions about the social, political or economic issues in different countries or regions; concern about current issues <p>B. Community Care</p> <ul style="list-style-type: none"> - performing one's community duty and engaging oneself for the betterment of the community and the world - examples of activities: voluntary services <p>C. Cultural Engagement</p> <ul style="list-style-type: none"> - appreciating cultural diversity and actively interacting with people of diverse ethnic backgrounds - examples of activities: oversea cultural exchange tours; student exchange programmes <p>D. Family Relationship</p> <ul style="list-style-type: none"> - building positive relationships with family members - examples of activities: communication skills workshops; family activities <p>E. Peer Relationship</p> <ul style="list-style-type: none"> - building and maintaining friendship with love, care, and empathy - examples of activities: communication skills workshops; activities emphasis on team works
Spiritual	<p>F. Art Appreciation</p> <ul style="list-style-type: none"> - appreciating arts and engaging in aesthetic activities - examples of activities: art exhibitions; drama/music/dance performances <p>G. Moral Commitment</p> <ul style="list-style-type: none"> - standing firm by moral values, social ethics, and professional codes of conduct - examples of activities: internship programmes; hall tutor programmes; committee member of student societies <p>H. Spiritual Quest</p> <ul style="list-style-type: none"> - understanding the meaning of life and showing gratitude - examples of activities: voluntary services; psychological service trips

Domain	Factor
Psychological	<p>I. Emotional Health</p> <ul style="list-style-type: none"> - recognizing, managing, and regulating one's own emotions - examples of activities: emotion management and psychological competence development course; individual counselling <p>J. Self Appreciation</p> <ul style="list-style-type: none"> - understanding, appreciating and affirming one's self - examples of activities: psychological competence development course; individual counselling; psychological assessments
Intellectual	<p>K. Intellectual Capacity</p> <ul style="list-style-type: none"> - expanding broad-based knowledge and thinking analytically, critically, and creatively - examples of activities: academic exchange activities; reading in different academic disciplines
Professional	<p>L. Career Preparation</p> <ul style="list-style-type: none"> - achieving a clear understanding of one's career interest, exploring and planning for his/her career, and developing job searching skills - examples of activities: job search skills trainings; career counselling; internship programmes <p>M. Leadership</p> <ul style="list-style-type: none"> - building teams, motivating people, organizing activities and contributing with a sense of responsibility - examples of activities: organizing committee of student societies; planning group events
Physical	<p>N. Health Maintenance</p> <ul style="list-style-type: none"> - maintaining physical health - examples of activities: health care seminars; regular body check <p>O. Physical Fitness</p> <ul style="list-style-type: none"> - exercising on a regular basis and engaging in various types of physical activities - examples of activities: sport trainings / competitions; activities organized by sport interest clubs

Examples of Trainings/Activities on Campus

Softcopy can be obtained at: <http://bit.do/WPDM>



Organizers/Promoting Departments and the websites	Activities/Training Example
Social	
International Office http://intl.hkbu.edu.hk	<ul style="list-style-type: none"> • Glowing Global Community - Student Ambassadors • Student Exchange Programme • Virtual Exchange for HKBU Students • Summer Programme
Counselling and Development Centre https://sa.hkbu.edu.hk/cdc	<ul style="list-style-type: none"> • Development Course • EQ Express • Cultural Diversity Express - Intercultural service learning trip @ Cambodia • Peer Mentor Programme • Mental Health First Aid Captain
Leadership Qualities Centre https://sa.hkbu.edu.hk/lqc	<ul style="list-style-type: none"> • Wofoo Civic Leadership Programme • Wofoo Service Leadership Programme • Change-Makers Programme • University YMCA - Global Citizenship Programme, Community Engagement Programme, Global Y Trainee Programme • HKBU Student Leadership Corps Programme
Office of Student Affairs https://sa.hkbu.edu.hk	<ul style="list-style-type: none"> • Students' Union: Executive Committee ; Council; Judicial Council; Editorial Board • Committee members of academic society • Committee members of interest clubs • Participation in University Governance committee • Student representative of Senate • CODE: Coaching, Organisation Development, and Engagement Programme • Volunteer services on campus
Centre for Innovative Service-Learning https://cisl.hkbu.edu.hk/	<ul style="list-style-type: none"> • Training and workshops on service-learning and social innovation • TriAngle
Psychological	
Chaplain's Office http://www.chap.hkbu.edu.hk	<ul style="list-style-type: none"> • Christian Counselling • TJTA Personality Assessment

Counselling and Development Centre https://sa.hkbu.edu.hk/cdc	<ul style="list-style-type: none"> • Individual Counselling • Development Course • Psychological Online Tests
Spiritual	
Academic Community Hall http://ach.hkbu.edu.hk	<ul style="list-style-type: none"> • Cultural Literacy Programme
Department of Music http://mus.hkbu.edu.hk	<ul style="list-style-type: none"> • Music concerts • HKBU Symphony Orchestra • HKBU Choir
Chaplain's Office http://www.chap.hkbu.edu.hk	<ul style="list-style-type: none"> • Christian Counselling • Committee member for Christian activities • Training courses/ seminars/ leadership training camp offered by Chaplain's Office • Student Ministry • Christian Choir • Christian Band
Counselling and Development Centre https://sa.hkbu.edu.hk/cdc	<ul style="list-style-type: none"> • Individual Counselling • Development Course
Office of Student Affairs https://sa.hkbu.edu.hk/cls/student-organisations-and-support	<ul style="list-style-type: none"> • Members or committee members of Art and Culture interest clubs (eg. Band Society; Chinese Music Club; Dance Association; Dramatics Club; Photographic Association; etc...)
Intellectual	
Faculty of Arts https://artsbu.hkbu.edu.hk	<ul style="list-style-type: none"> • Activities of International Writers' Workshop • The Dream of the Red Chamber Award • Intervarsity Creative Writing Competition
Language Centre http://lc.hkbu.edu.hk	<ul style="list-style-type: none"> • English/Chinese writing enhancement services • English/Putonghua/Cantonese speaking enhancement services • Chinese/English/Putonghua/Foreign Language supplementary courses • IELTS preparation courses • Cantonese/ English/ Putonghua Speaking Contest • Language Exchange Programme • Student-Tutor Writing Consultation Programme
Counselling and Development Centre https://sa.hkbu.edu.hk/cdc	<ul style="list-style-type: none"> • Development Course • eCourse • Mental Health First Aid Standard Course

Library http://library.hkbu.edu.hk	<ul style="list-style-type: none"> Library Learning Events
Centre for Innovative Service-Learning https://cisl.hkbu.edu.hk	<ul style="list-style-type: none"> Training and workshops on service-learning and social innovation
Professional	
School of Business https://bus.hkbu.edu.hk/eng/bus/main/Index	<ul style="list-style-type: none"> Business Executive Development Scheme Student Ambassador Scheme Developmental Workshop Services Learning Programme
Career Centre https://sa.hkbu.edu.hk/career	<ul style="list-style-type: none"> Career Counselling CV Clinic Career Talk & Visit Job Search Skills Workshops Metropolitan/Global/Local Attachment Opportunities Virtual Career Fair
Leadership Qualities Centre https://sa.hkbu.edu.hk/lqc	<ul style="list-style-type: none"> HKBU Model United Nations Club Wofoo Service Leadership Programme Service-Learning Global Internship Programme HKBU Student Leadership Corps Programme
Office of Student Affairs https://sa.hkbu.edu.hk	<ul style="list-style-type: none"> Students' Union: Executive Committee ; Council; Judicial Council; Editorial Board Committee members of academic society Committee members of interest clubs Welfare Cooperation Shops Committee CODE: Coaching, Organisation Development, and Engagement Programme
Student Accommodation Section https://sa.hkbu.edu.hk/sas	<ul style="list-style-type: none"> Committee member of Hall councils Floor representatives
Centre for Innovative Service-learning https://cisl.hkbu.edu.hk	<ul style="list-style-type: none"> CISL1001 Introduction to Academic Service-Learning Service-Learning Student Instructor Scheme
Physical	
Office of Student Affairs https://sa.hkbu.edu.hk	<ul style="list-style-type: none"> Member/committee member of sport interest club (e.g. Judo Club; Karate Club; Rowing Club; Taekwon-do Club, etc.)
Department of Sport, Physical Education and Health https://speh.hkbu.edu.hk/en	<ul style="list-style-type: none"> HKBU Annual Aquatic Meet HKBU Annual Athletics Meet

Whole Person Development Plan

Referring to your WPDI result, which domain(s) would you like to focus on so as to strive for Whole Person Development in the coming years? (You may choose more than one domain.)

- Intellectual Physical Professional
 Psychological Social Spiritual

Which university activities would you like to join? What are your specific development goals?

Year	Domain / Factor	Name of the Activity
Year 1		
Year 2		
Year 3		
Year 4		

To check your WPDI report:

