

Whole Person Development

Committed to the mission of Whole Person Education, the Office of Student Affairs and other departments of Hong Kong Baptist University provide ample opportunities for students to strive for whole person development. “Whole Person Development” is a progressive process through which the intellectual, physical, professional, psychological, social and spiritual capacities of an individual can be holistically enhanced. Capacity refers to attitude, performance, and potential. “Attitude” indicates the degree of concern; “performance” and “potential” represent the level of practice and competence respectively. If students can holistically enhance the different aspects of their “Whole Person Development”, they will have stronger capacities to equip themselves to become an individual with “Graduate Attributes”.

Whole Person Development Inventory

The WPDI comprises 15 factors that are grouped into six domains (Figure 1). All domains carry equal weight while factors within each domain also carry equal weight. Students’ scores reflect their developmental state of Whole Person Development. To strive for Whole Person Development, students can plan for their university life according to their developmental state.

Figure 1

Domain	Factor
<p>Social</p>	<p>A. Civic Responsibility</p> <ul style="list-style-type: none"> - <i>attending to socio-economic and political issues on both local and global levels, and performing civic responsibilities</i> - <i>examples of activities: various discussions about the social, political or economic issues in different countries or regions; concern about current issues</i> <p>B. Community Care</p> <ul style="list-style-type: none"> - <i>performing one’s community duty and engaging oneself for the betterment of the community and the world</i> - <i>examples of activities: voluntary services</i> <p>C. Cultural Engagement</p> <ul style="list-style-type: none"> - <i>appreciating cultural diversity and actively interacting with people of diverse ethnic backgrounds</i> - <i>examples of activities: oversea cultural exchange tours; student exchange programmes</i> <p>D. Family Relationship</p> <ul style="list-style-type: none"> - <i>building positive relationships with family members</i> - <i>examples of activities: communication skills workshops; family activities</i> <p>E. Peer Relationship</p> <ul style="list-style-type: none"> - <i>building and maintaining friendship with love, care, and empathy</i> - <i>examples of activities: communication skills workshops; activities emphasis on team works</i>

Domain	Factor
Spiritual	<p>F. Art Appreciation</p> <ul style="list-style-type: none"> - <i>appreciating arts and engaging in aesthetic activities</i> - <i>examples of activities: art exhibitions; drama/music/dance performances</i> <p>G. Moral Commitment</p> <ul style="list-style-type: none"> - <i>standing firm by moral values, social ethics, and professional codes of conduct</i> - <i>examples of activities: internship programmes; hall tutor programmes; committee member of student societies</i> <p>H. Spiritual Quest</p> <ul style="list-style-type: none"> - <i>understanding the meaning of life and showing gratitude</i> - <i>examples of activities: voluntary services; psychological service trips</i>
Psychological	<p>I. Emotional Health</p> <ul style="list-style-type: none"> - <i>recognizing, managing, and regulating one's own emotions</i> - <i>examples of activities: emotion management and psychological competence development course; individual counselling</i> <p>J. Self Appreciation</p> <ul style="list-style-type: none"> - <i>understanding, appreciating and affirming one's self</i> - <i>examples of activities: psychological competence development course; individual counselling; psychological assessments</i>
Intellectual	<p>K. Intellectual Capacity</p> <ul style="list-style-type: none"> - <i>expanding broad-based knowledge and thinking analytically, critically, and creatively</i> - <i>examples of activities: academic exchange activities; reading in different academic disciplines</i>
Professional	<p>L. Career Preparation</p> <ul style="list-style-type: none"> - <i>achieving a clear understanding of one's career interest, exploring and planning for his/her career, and developing job searching skills</i> - <i>examples of activities: job search skills trainings; career counselling; internship programmes</i> <p>M. Leadership</p> <ul style="list-style-type: none"> - <i>building teams, motivating people, organizing activities and contributing with a sense of responsibility</i> - <i>examples of activities: organizing committee of student societies; planning group events</i>
Physical	<p>N. Health Maintenance</p> <ul style="list-style-type: none"> - <i>maintaining physical health</i> - <i>examples of activities: health care seminars; regular body check</i> <p>O. Physical Fitness</p> <ul style="list-style-type: none"> - <i>exercising on a regular basis and engaging in various types of physical activities</i> - <i>examples of activities: sport trainings / competitions; activities organized by sport interest clubs</i>