



WORKSHOP

AND MORE...

LANGUAGE

- CHINESE
- ENGLISH
- POTENHOLA



LISTEN 聽

- 09** DREAMER LAB AWARD - "CHASE THE DREAM" SHARING
夢想實驗室 - 追夢歷程分享會
14:30-16:15
AAB201 English St
- 16** LIVING LIBRARY - SHARING BY MAX WONG
Living Library - 誰是這座穩定橋的! 王家衛
18:30-20:30
AAB303
- 23** BE THEIR VOICE - ANIMAL RIGHT WORKSHOP
為牠們發聲 - 關懷動物講座
14:30-16:00
AAB301-2
- 23** NERVES OF STEEL
強強強強 愈動愈勇
14:30-16:15
AAB201 English St
- 06** BEING A HEARING IMPAIRED IN HONG KONG
聽障人士在香港
14:30-16:15
AAB201
- 13** DONHANG ART APPRECIATION
敦煌藝術賞析
14:30-16:15
AAB201 English St



PLAY 玩

- 02** BOARD GAME WORKSHOP (GCT)
桌遊有戲 (十月場)
14:30-16:30
AAB303 *may be assisted in English/PTH
- 23** GAME LEADING WORKSHOP (GENERAL)
遊玩導學-遊戲導學工作坊 (普通話)
17:00-19:00
AAB301-2
- 30** GAME LEADING WORKSHOP (BALLON)
遊玩導學-遊戲導學工作坊 (藍球版)
17:00-19:00
AAB302-3
- 06** GAME LEADING WORKSHOP (EYE MASK)
遊玩導學-遊戲導學工作坊 (眼罩版)
17:00-19:00
AAB301-2
- 06** BOARD GAME WORKSHOP (INQ)
桌遊有戲 (十一月場)
14:30-16:30
AAB303 *may be assisted in English/PTH



RELAX 鬆一鬆

- 30** EAT AWAY THE STRESS
吃走壓力
14:30-16:00
AAB402M
- 06** VISUAL JOURNALING FOR SELF-CARE
畫出自我
14:30-16:30
AAB402M
- 13** DE-STRESS THROUGH THERAPY ANIMALS
治療系動物
14:30-16:30
AAB402M
- 20** STRESS AND EMOTION MANAGEMENT
轉化壓力
14:30-16:30
AAB402M



LEARN 學

- 18** PERSONALITY DIMENSIONS
性格維度
14:30-16:30
AAB402M
- 02** THE SIXTEEN PERSONALITY FACTORS
性格性格16個
14:30-16:00
AAB402M
- 16** LBYE VALDIE EDUCATION
樂笑讀傳學
14:30-16:00
AAB402M



WATCH 睇

- 18** SILVER AGE STORIES:
MICKY-MYIE SCREENING AND SHARING
銀齡製作室 - 與電影放映及分享會
14:30-16:15
AAB201 English St
- 16** TOMORROW IS ANOTHER DAY:
SCREENING AND SHARING
《黃金花》放映及分享會
14:30-16:30
AAB201 English St



DISCOVER



EXPERIENCE 體驗

- 11** DIALOGUE IN THE DARK T'GOR
黑暗對話體驗體驗
14:30-16:15
美孚
- 02** INTRODUCTION TO INTERNATIONAL RELATIONS AND MODEL UNITED NATIONS
國際關係與模擬聯合國
14:30-16:00
AAB301-2
- 02** BUILD A POST-DISASTER SHELTER (MODEL)
災後建築 - 促進模塊開始
14:30-16:30
OEE601-2
- 09** WARZONE 90
戰區90
14:30-17:30
西九龍
- 16** LEADERSHIP IN VOLUNTEER SERVICE:
HOW TO PLAN AND DESIGN AN ACTIVITY
義務工作模塊培訓: 活動設計與策劃
14:30-17:30
OEE601-2
- 16** THE REFOGEEES
戰時難民 (戰爭與難民)
14:30-16:30
AAB301-3
- 23** MINDFULNESS
靜觀
14:30-16:30
AAB402M
- 26** "SPORTS ARE NOT BODILINESS" - SHARING BY TRIDYLLY
"運動並非肉體" - 與陳碧蓮分享
14:30-16:30
AAB301-2
- 30** ELDERLY SIMULATION WORKSHOP BY ELDYPATHY
試老- 歷會體驗活動
14:30-16:30
AAB302-3
- 06** SIGN LANGUAGE WORKSHOP 1
能看懂牠們嗎? 手語體驗及認識聽障人士 1
14:30-16:30
AAB301-2
- 13** EXPERIENCE - AWARENESS - REFLECTION
親歷、思、體驗工作坊
14:30-16:15
FSC501
- 13** SIGN LANGUAGE WORKSHOP 2
能看懂牠們嗎? 手語體驗及認識聽障人士 2
14:30-16:30
OEE601-2



VISIT 落區

- 09** VISIT TO SHELTERED WORKSHOP 1
在工場二三事 - 認識傳人杜 1
14:30-16:30
將軍澳
- 16** VISIT TO SHELTERED WORKSHOP 2
在工場二三事 - 認識傳人杜 2
14:30-16:30
將軍澳
- 27** EXHIBITION - CULTURAL PROMOTION:
VISIT TO ASIA SOCIETY HONG KONG CENTER
藝術展覽 - 文化推廣 - 參觀亞洲協會香港中心
10:30-12:30
金鐘
- 30** INTRODUCTION TO GREEN BODILY:
#DON'T GET THEM NOT
認識綠色預警 - 毋忘愛
14:30-16:30
荃灣 *with visual aid in Chinese
- 03** ELDER TREKS: SHEK KIP-MEI T'GOR
長者遠足導賞團 - 石硤之旅
14:30-16:00
石硤
- 20** VISIT THE SOBOWIDOW ONITS AND ROSFTSP HOUSES
劇房及天台劇探訪
14:30-17:15
深水埗



SERVICE 服務

- SERVICE FOR CARE GIVER OF ELDERLY**
護老服務: 幸好有您
14:30-16:30
AAB302-3
- 09** 14:30-16:30
護老服務: 幸好有您
AAB302-3
- 30** 14:30-16:30
護老服務: 幸好有您
OEE601
- 16** 14:30-16:30
竹筴
OEE601-2
- 06** 14:30-16:30
竹筴
OEE601-2
- ELDERLY SERVICE: BOARD GAME WITH GOLDEN AGE**
長者服務: 桌遊在香港
14:30-16:30
橫濱
- 23** 14:30-16:30
長者服務: 桌遊在香港
OEE601
- 13** 14:30-16:30
橫濱
- 30** 14:30-16:30
橫濱
- 27** 14:30-16:30
橫濱



DIY 手作

- 11** BALLOON TWISTING FROM SCRATCH
扭氣球新手工作坊
14:30-16:30
OEE601-2
- 09** CREATIVE WAYS TO GO GREENER
創意環保生活 (綠蠟/茶蠟)
14:30-16:30
OEE601-2
- 30** GLASS PAINTING WORKSHOP
彩繪玻璃工作坊
14:30-16:00
AAB301

Registration opens on SLES 4 weeks before the activity.

活動前四周開始在SLES接受報名

All final programme details are subject to announcement on CCL website.

所有活動詳情, 以繼續課程網頁最後公佈為準。

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